



VERMONT  
OPTOMETRIC  
ASSOCIATION

# 2026 Spring Conference

**Dates:** March 13-15, 2026

**Location:** Woodstock Inn & Resort  
14 The Grn  
Woodstock, VT 05091

## Schedule:

Friday, March 13 <sup>th</sup>	
9:00 AM – 5:00 PM	Registration
10:00 AM – 12:30 PM	CPR Ryan Prouty, Williston Fire
12:30 PM – 2:30 PM	VOA Member Meeting & Lunch
2:30 PM – 4:10 PM	Metabolic Diseases: Updates and Systemic Interventions Tracy Offerdahl-McGowan, BSc, PharmD, FAAO <span style="float: right;">COPE #: 97313-PH</span>
4:20 PM – 6:00 PM	Autoimmune Disease: Pharmacologic and Functional Interventions Tracy Offerdahl-McGowan, BSc, PharmD, FAAO <span style="float: right;">COPE #: TBD</span>
6:00 PM – 7:30 PM	Exhibit Hall Reception
Saturday, March 14 <sup>th</sup>	
7:30 AM – 8:30 AM	Registration, Exhibit Hall & Breakfast
8:30 AM – 10:10 AM	Integrative and Functional Medicine: Opportunities for ODs Tracy Offerdahl-McGowan, BSc, PharmD, FAAO <span style="float: right;">COPE #: TBD</span>
10:10 AM – 11:00 AM	New Technology in Eye Care: The Rise of the Machines Jim Thimons, OD, FAAO <span style="float: right;">COPE #: TBD</span>
11:00 AM – 12:30 PM	Exhibit Hall & Lunch
12:00 PM – 4:00 PM	Skiing/Activities
4:00 PM – 5:40 PM	Top 10 Drugs In Your Cabinet Jim Thimons, OD, FAAO <span style="float: right;">COPE #: TBD</span>
6:00 PM – 7:30 PM	Pints for Pupils Reception
Sunday, March 15 <sup>th</sup>	
8:00 AM – 9:00 AM	Registration & Breakfast
9:00 AM – 9:50 AM	The ABCs of Treating Corneal Disease Jim Thimons, OD, FAAO <span style="float: right;">COPE #: TBD</span>
10:00 AM – 10:50 AM	Neuro-Optometric Exam Jim Thimons, OD, FAAO <span style="float: right;">COPE #: TBD</span>
11:00 AM – 11:50 AM	Glaucoma Update 2025 Jim Thimons, OD, FAAO <span style="float: right;">COPE #: TBD</span>

For questions, contact Kayla Brenden, OD at [vtcecoordinator@gmail.com](mailto:vtcecoordinator@gmail.com).



# 2026 Spring Conference

## REGISTRATION INFORMATION

Day(s)	VOA Member	Non-Member
Full Conference	\$775 (CPR +\$67)	\$875 (CPR +\$67)
Friday	\$325 (CPR +\$67)	\$375 (CPR +\$67)
Saturday	\$425	\$500
Sunday	\$250	\$300

Registration includes courses, meals, and events provided on each day with. If paying by check, you will receive a **\$25 discount** on your total.

### Registration Options:

- 1) **Register online** to receive an invoice to pay by check or with credit card (coming soon)
- 2) **Complete the registration form on the next page and mail it with a check**

## HOTEL INFORMATION

The VOA has secured a special rate of \$329/night at the Woodstock Inn & Resort, with a reduced resort fee. The deadline to take advantage of this discounted rate is **Wednesday, February 11<sup>th</sup>**. Use [this link](#) or call 1-800-448-7900 and mention the VOA to receive the special rate. Online you will notice the resort fee included in the published room rate.

## Ski Discount

The VOA has secured a 10% discount off lift tickets at Saskadena Six Ski Area and the Nordic Center. Note that there is not a code for online booking. Guests must call or mention the VOA group in person to receive the 10% discount.

**Saskadena Six:** 802-457-6661

**Woodstock Nordic Center:** 802-457-6674

[Lift Tickets & Passes Information](#)

[Woodstock Nordic Center Information](#)



VERMONT  
OPTOMETRIC  
ASSOCIATION

# 2026 Spring Conference Mail-In Registration Form

**Attendee  
Information:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Practice Name: \_\_\_\_\_

ARBO #: \_\_\_\_\_

**Registration  
Selection:** Select one or more from the below options:

Full Conference	<input type="checkbox"/> VOA Member (\$775) <input type="checkbox"/> Non-Member (\$875)	Check if you plan to attend: <input type="checkbox"/> CPR Class (+ \$67) <input type="checkbox"/> Friday Lunch <input type="checkbox"/> VOA Member Meeting <input type="checkbox"/> Saturday Breakfast <input type="checkbox"/> Saturday Lunch <input type="checkbox"/> Pints for Pupils <input type="checkbox"/> Sunday Breakfast
Friday	<input type="checkbox"/> VOA Member (\$325) <input type="checkbox"/> Non-Member (\$375)	Check if you plan to attend: <input type="checkbox"/> CPR Class (+ \$67) <input type="checkbox"/> Lunch <input type="checkbox"/> VOA Member Meeting
Saturday	<input type="checkbox"/> VOA Member (\$425) <input type="checkbox"/> Non-Member (\$500)	Check if you plan to attend: <input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Pints for Pupils
Sunday	<input type="checkbox"/> VOA Member (\$250) <input type="checkbox"/> Non-Member (\$300)	Check if you plan to attend: <input type="checkbox"/> Breakfast

**Total:** \$\_\_\_\_\_ (if paying by check, apply a \$25 discount)

Make checks payable to: Vermont Optometric Association

**Mail To:** Kayla Brenden, OD  
91 Main St.  
Middlebury, VT 05753

For questions, contact Kayla Brenden, OD at [vtcecoordinator@gmail.com](mailto:vtcecoordinator@gmail.com).